

Appendix 3

the  
**TRANSFORMATION**  
center



### **One-Word Answers....**

1. It seems that DMH wants to provide as much or as little staff time and assistance to people living on their own so that group homes can be closed.

Do you think this is a good plan?

Yes                      No

2. If you needed “respite”, would you rather go to a place with staff there all the time OR have providers to come to your home?

Get away              Stay home

3. Do you think DMH should separate money for housing (shelter, utilities) from money for staff and rehabilitation services?

Yes                      No

4. Are Rogers Orders (forced medication) or Representative Payees (someone else uses your money to pay for your basic needs) ever necessary or helpful?

Yes                      No

5. Is it useful for you to document (think about, write down, draw, share with others...) the steps, strengths and challenges of your recovery/life?

Yes                      No

6. Is it useful when a staff documents your recovery/life?

Yes                      No

7. Would you like to write your own program goals and notes?

Yes                      No

8. Would it help if all the programs used the same forms to write about your progress?

Yes                      No

9. How often do your goals and the staff or program's goals conflict with each other?

Daily          Weekly          Monthly          Every few months          Yearly          Never

10. When you are well...

How often do you need to talk with a "mental health clinician" (*someone who might be helpful because they've studied the topic and made it their profession*)?

Daily          Weekly          Monthly          Every few months          Yearly          Never

11. When you are well...

How often do you need to talk with a "peer" (*someone who might be helpful because they've also been through something similar*)?

Daily          Weekly          Monthly          Every few months          Yearly          Never

12. When you are not well....

How often do you need to talk with a "mental health clinician"?

Daily          Weekly          Monthly          Every few months          Yearly          Never

13. When you are not well....

How often do you need to talk with a peer?

Daily          Weekly          Monthly          Every few months          Yearly          Never

## **Stories, Thoughts, Ideas to consider...**

1. Going from one residential program to another...
2. Things changing - suddenly, slowly, expected, unexpected...
3. Making decisions...
4. Cultural & linguistic diversity and mental health...
5. What changes how I do, or don't, speak up for myself...
6. What to do about "risk"...
7. "Integrating" my services and/or the system...
8. Programs would do a better job if DMH promised to...
9. Having "Peer Workers" at my program...
10. What I need from the Dept of Mental Health no matter what...

### **11. How to keep track of my...**

- Health (physical/mental)
- Education & Employment situation
- Housing situation
- Choice & Empowerment in my life
- Connections (family & social)

**Who should keep track?**

### **12. How to measure a program's...**

- Person & Family Directed Care
- Evidence-based & Best-practices
- Culturally Competent Care
- Health Promotion
- Flexible & Responsive Delivery Systems
- Operational
- Efficiency

**Who should keep track?**