



Young Adult Policy Team

APPLICATION QUESTIONS

The Policy Team will be made up of people who have personal, lived experience with a mental health diagnosis and with the challenges of using social service and treatment systems. The target age for members is 16-25 years old, but some older young adult peers may be able to join the team and could have a “mentoring” role with younger peers.

Please answer the following questions. Your response will help us determine what the best role for you is - either on the team or we might suggest other ways you could be involved with the Peer Recovery movement or other young adult activities.

You may NOT have someone else complete this form for you! But talking about it with others is encouraged. If writing is a hardship and you would like to answer questions in person or by phone, contact Scott 617-442-4111 x 314 (toll free 877-769-7693 and TTY 617-442-9042) or Marcia 413-626-6968 to arrange an accommodation.

Name _____

Age _____

Phone _____

E-mail _____

E-mail is not required to apply for the Policy Team. But participants will be **required to set up e-mail and learn to use it** as a member of the team.

Address _____

The Policy Team’s primary work is to support young adult peers to 1) attend Children’s Behavioral Health Initiative (CBHI) subcommittee meetings and 2) have an impact on changing state services for children and young adults in Massachusetts ~ CBHI is a court-ordered statewide re-organizing process, more information last page.

The Transformation Center will assist Team members through group and individual peer support, leadership and informational trainings and help with travel and planning.

Young Adult Policy Team members will be paid \$60 + travel expenses for each meeting they attend. Young adults who have leadership responsibilities in trainings and as a peer mentor will also earn a stipend.

1. The work groups, or subcommittees, that Policy Team members will join are below. In order of preference (“1” most interested) number the top 1-3 subcommittees you might be interested in joining:

- Culturally-informed, Best & Promising Practices**
Includes issues of parents with mental health needs. Meets in Westboro.
- Legislative & Regulatory**
Licensing standards, culturally-informed regulations.
- Child Systems Integration**
Courts, juvenile justice, child welfare, substance abuse, interagency issues, intellectual disabilities, racial and ethnic disparities.
- Insurance Committee**
Insurance, client continuity, system fragility & the business of developing a robust community-based service system.
- Healthcare Disparities Reduction & Elimination**
Liaison to other committees on culturally-informed practice. Lots of reading!
- Data, Trends & Outcomes**
Guidance on the future Behavioral Health Research and Training Center, summarize data about disparities, training, and outcomes to inform CBHI.
- Workforce Development**
Staff development, staff training and competencies.

2. List 3 reasons (skills, attitudes, experiences...) why you would be an effective member of a CBHI subcommittee.

3. List 2 things (skills, attitudes, tasks, personal circumstances...) you may need help or support with to do your best as a subcommittee member.

4. Rate your comfort and familiarity with using e-mail and the internet.

___ None ___ Low ___ Medium ___ High

5. What is your mode of transportation and how will you attend CBHI Subcommittee and YA Policy Team meetings (most are in Boston)?

___ Public Transportation (MBTA/Bus) ___ By Car (your own, carpool etc.)
___ Other (describe) ___ The Ride

6. How much experience do you have speaking about your personal experience with mental health recovery in public or with people you don't know very well?

___ None ___ A few times ___ Many times

Sent completed application to:

Scott Francis

Email: scottf@transformation-center.org

FAX: 617-442-4005

Mailing Address: The Transformation Center
98 Magazine Street
Roxbury, MA 02119

For more info:

Go to the web www.transformation-center.org/communities/youth

Contact Scott 617-442-4111 x 314
(Toll free 877-769-7693 and TTY 617-442-9042)

Contact Marcia 413-626-6968

If you are unable to participate on a CBHI subcommittee, but are interested in other young adult leadership opportunities and events, please contact Annabelle Lim at: 617-626-8087 or annabelle.lim@massmail.state.ma.us



MA Young Adult Policy Team!

The Transformation Center's Young Adult Peer Project is building a team of about 20 young adult policy advocates who will bring the voice of their peers to a leading statewide policy group, the...

Children's Behavioral Health Initiative (CBHI) Advisory Council

The CBHI is chaired by the Commissioner of DMH, Barbara Leadhom. It was created to "go deep" into the agenda of the state's Children's Mental Health Law. There are currently two Young Adult members on the Executive Council.

CBHI Subcommittees

Seven subcommittees are being formed and members of the YA Policy Team will join:

- 1. Culturally-informed, Best & Promising Practices**
Includes issues of parents with mental health needs
- 2. Legislative & Regulatory**
Licensing standards, culturally-informed regulations
- 3. Child Systems Integration**
Courts, juvenile justice, child welfare, substance abuse, interagency issues, intellectual disabilities, racial and ethnic disparities
- 4. Insurance Committee**
Insurance, client continuity, system fragility & the business of developing a robust community-based service system
- 5. Healthcare Disparities Reduction & Elimination**
Liaison to other committees on culturally-informed practice
- 6. Data, Trends & Outcomes**
Guidance on the future Behavioral Health Research and Training Center, summarize data about disparities, training, and outcomes to inform CBHI
- 7. Workforce Development**
Staff development, staff training and competencies

Stipend Offered: \$60 to prepare for and attend each CBHI Meeting

Interested in applying for the YA Policy Team?

Contact The Transformation Center for an application and interview info:

Marcia Webster (413.626.6968) or Scott Francis (617.442.4111 x 314)
Toll Free 877.769.7693 TTY 617.442.9042

Info also online www.transformation-center.org/communities/youth