

**Metro Boston Recovery Learning Community/ Peer Education Resource Center (PERC)** 129 Portland Street Boston, MA 02114 – near North Station T Stop  
**617-788-1034** Hours: 5-9 pm Tuesdays, 4-9 pm Thursdays & 2-6 pm on Saturday  
**ALL meetings are open to anyone who identifies themselves as a consumer or consumer/provider** [infoaboutperc@yahoo.com](mailto:infoaboutperc@yahoo.com) [www.metrobostonrlc.org](http://www.metrobostonrlc.org)  
**CALL BEFORE YOU PLAN TO STOP BY. This would be greatly appreciated.**

**Tuesdays:**

**3:30- 5pm      Recovery is REAL JP Chapter      284 Amory Street, Jamaica Plain**

- Group directed and Peer Facilitated Support Group
- Near Stony Brook T Stop on the orange line
- Whether you consider yourself a “consumer/provider” or “consumer” all are welcome

**6-7 pm      Job Skills Meeting      129 Portland Street, Boston**

- This peer-led employment meeting is designed to assist people cultivate the skills necessary for job searching, interviewing and maintaining employment.

**7-8:30pm      Job Search/Open Computer Lab      129 Portland Street, Boston**

- Come share job leads with other people who are job searching
- Look for leads and stay to apply for jobs in the computer lab
- Bring all of your job related computer questions

**Thursdays:**

**4:30-5:30 pm      Pathways to Recovery      129 Portland Street, Boston**

- This group is dedicated to self assessment, self discovery, and planning goals. We create personal visions, long and short term goals, and learn coping skills using our inner strength. This is a good place to learn about recovery, work our recovery and get to know others on the recovery pathway.

**6 -7 pm    Starting in September:**

**1<sup>st</sup> and 3<sup>rd</sup> of the month Employment Support Group      129 Portland St. Boston**

- Support group for employed individuals
- Guest speaker every 1<sup>st</sup> Thursday of the month

**2<sup>nd</sup> and 4<sup>th</sup> of the month Stress Management for the Job Seeker**

- For people employed or seeking employment
- Learn ways to handle stress around the job search, and employment process

**7-8:30pm      Job Search /Open Computer Lab      129 Portland Street, Boston**

- Come share job leads with other people who are job searching
- Look for leads and stay to apply for jobs in the computer lab

-Bring all of your job related computer questions

**Saturdays:**

**2-6 pm      Saturdays at Portland Street      129 Portland Street, Boston**

**2-3 pm      Dual Recovery**

- Meeting for Peers who think they have a substance abuse problem
- Leadership for this group is community based

**2-4 pm      Job Search/Open Computer Lab**

- Use this time to job search, check email or get assistance on a computer questions
- Individual appointments are possible by calling 617-788-1034 prior to the meeting

**3-4 pm      Social Hour**

- Need a safe place to talk to others?

**4:30-5:30 pm Recovery is Real Boston Chapter (see above)**

**\*\*Every 2<sup>nd</sup> Saturday of the month; except for August when it will be held on the 3<sup>rd</sup> Saturday, the 21<sup>st</sup> Join us for Coffee House!\*\***

**2-4pm** Bring your talent, muse, music, singing, art, poetry, dance, comedy, recovery stories and join us for an afternoon of fun!

**You can find out about these or other programs by calling Sarah Selkovits at 617-788-1034 [infoaboutperc@yahoo.com](mailto:infoaboutperc@yahoo.com) [www.metrobostonrlc.org](http://www.metrobostonrlc.org)**