



## **Real Relationships, Real Change**

A two-day celebration and training with young adult peers seeking to contribute through a public voice on mental health services & recovery...

**11:30am Tuesday June 29<sup>th</sup> (overnight) to  
5:00pm Wednesday June 30<sup>th</sup>**

Agawam, Massachusetts

Scholarships include one overnight at a nearby hotel, meals and tickets to the water park

- Celebrate young adult policy work done this year, and the people who did it...
- Practice – playful & serious – to use your voice on policy matters
- Take part in a leadership circle
- Take a risk & cool off at the Water Park

In two days of fun and learning, the Statewide Young Adult Coordinators Emily and Stephanie and Transformation Center trainers, will welcome new voices and build on the strength of young adult advocates who have been working together this year.

### Apply if you are:

- Young adult aged 16-30
- A person who uses or has used mental health services
- Want to “give back” to your peers as an advocate for mental health recovery
- Willing to challenge yourself to speak out and participate

### June 29, 2010 – 11:30am registration

Day 1 is organized around a mock “Policy Meeting” and what occurs before and after: preparing a presentation, presenting your story and thoughts, and leadership skills necessary to act as a team. Participants will practice being in multiple roles including: young adult advisor/representative, speaker/educator, policy-maker and professional provider. Participants will be videotaped and watch the videos together to build personal speaking and peer support teamwork.

### June 30, 2010 – 5:00pm conclusion

Day 2 focuses on opportunities to try new things, expand your social network, support your peers in taking risks, resolving conflicts, planning skills, relaxing and play!

**To Apply: Call Dennis, Scott, Stephanie or Emily at The Transformation Center toll-free at 877-769-7693 or email to [dennist@transformation-center.org](mailto:dennist@transformation-center.org)**