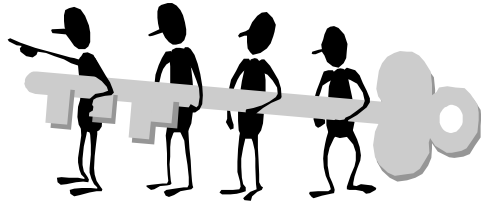


## Future Directions



- √ Funding agency requirements for a significant number of CPS positions in all DMH facilities & other mental health agencies.
- √ State requirement that PACT teams have at least 2 CPS's per team.
- √ Medicaid reimbursement for CPS services within and beyond mental health agencies
- √ Continuing education for advanced study in supervision, trauma, veterans issues, co-documentation, etc.

For More Information

Contact:

**Lyn Legere,**  
**Director of Education,**  
**The Transformation Center**  
**98 Magazine Street**  
**Roxbury, MA 02118**  
**617-442-4111**  
**Toll Free 1-877-769-7693**

*just living proof that*  
**there is hope**

## MASSACHUSETTS CERTIFIED PEER SPECIALIST PROGRAM

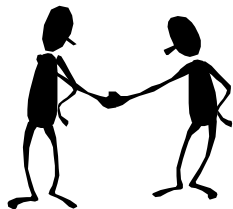
*Developing a Quality  
Peer Workforce*



**98 Magazine Street**  
**Roxbury, MA 02119**  
**617-442-4111**  
**Toll Free 1-877-769-7693**

A Certified Peer Specialist (CPS) is someone who has experienced the disabling power of a psychiatric diagnosis, is in recovery, and has learned the skills to effectively share his/her experiences in a way that is helpful and hopeful to others, especially people using and providing mental health services.

The CPS is a new role in the mental health system, but is based on the well-documented power of peer mentoring to facilitate hope, motivation and belief in recovery. The commonality of mutual experience, when skillfully shared, brings home the recovery message at a level unachievable through any other traditional services. Every CPS says, by their mere presence, *"I am the Proof,"* bringing home the message of recovery in a deeper and more meaningful way than any words.



**To become a CPS, people participate in an intensive 10-day training that teaches a variety of skills related to:**

- Partnering & Connection
- Recovery Strategies
- Self-Help Tools
- Effectively supporting people to explore and discover their own wisdom
- Using a "recovery story" to facilitate hope and belief in recovery
- Facilitating the change process.

**The ten-days of the training program include:**

- Orientation
- Three-day, two-night retreat
- Six individual training days

Between each training day, there is also homework assigned that assists the CPS to better integrate the learning. Training participants receive their Certified Peer Specialist certification after passing both an oral and written examination.

The goal of the CPS course is to prepare people to work in the mental health field as agents of change on the individual and systems level.

## Sample Modules

### Role of the CPS

### Dissatisfaction as Change Agent

### Effective Listening Skills

### Power, Conflict & Integrity

### Cultural Competence

### Facing our Fears

### Code of Ethics

### Recovery Story in Larger Context

### The Centrality of Trauma

### Environmental Factors

### Creating the Life you Want

### WRAP