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Together Empowering Asian Minds (TEAM) receives \$100K from the Hope & Grace Fund to launch a National Public Awareness Campaign

According to the <u>National Center for Health Statistics</u>, Asian American women aged 15-24 have the second highest suicide rate in the nation. They are affected by intercultural and intergenerational pressures in which depression, anxiety, PTSD and thoughts of suicide arise associated with domestic violence, mental condition symptoms, body image, sexism and racism.

"Our goal is to ignite the peer recovery movement on campus, laying the foundation for long-lasting partnerships to reduce stigma, and removing barriers through tech-based and in-person support," said Deborah Delman, Executive Director of Transformation Center, lead agency for this project. With a website, open call for public services announcements and targeted outreach events, this innovative campaign will reach 150,000 people and engage Asian women with culturally responsive messages and resources.

For more information about **TEAM** and ways to get involved, please contact Chien-Chi Huang, the project manager and Executive Director of <u>Asian Women for Health</u> at <u>cch@asianwomenforhealth.org</u> or call (617)767-1071.

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TEAM is a peer-led, Massachusetts-based coalition formed in 2010 to address urgent and unique mental health challenges faced by Asian American women and their loved ones. **TEAM** will leverage the powerful network of its local*, regional (<u>East Coast Asian American Students Union</u>) and national partners (<u>National Asian American Pacific Islander Mental Health Association</u>) to revolutionize how young Asian American women receive, process and use mental health information and services.

*Lead partner <u>Saheli</u> and <u>WGBH</u>, <u>Cambridge Health Alliance</u>, <u>Boston Asian American Film & Video Festival</u>, <u>the Breaking Silences Project</u>, <u>Asian American Commission</u>, <u>ASPIRE</u>, <u>NAPAWF Boston</u>, <u>QAPA</u>, <u>Genki Spark</u>, <u>Gund Kwok</u>, <u>Southeast Asian Coalition</u>, <u>Nepali Women's Global Network</u>, <u>Families for Depression Awareness</u>, <u>AAWPI</u>, NAMI, ATASK, Asian Boston Media Group, JB Line, Center for Multicultural Mental Health Research